

Short Amitayus Practice

Refuge and aspiration prayer

JIG-TEN DREN-PAY TSO-WO TSHE-PHAGME

Boundless Life, the principal guide of this world,

DUMIN CHI-WA MALU JOM-DZE-PAL

the one who save all sentient beings from untimely death,

GON-ME DUG-NGAL GYUR PA NAM-KYI KYAB

refuge for helpless, suffering beings,

SANG-GYE TSHE-PAG-ME LA CHAG-TSHAL-LO

I prostrate to Buddha amitayus.

Montra:

OM A MA RA NI DZI WAN TI YE SWA HA

Dedication

GE-WA- DI-YI NYUR-DU-DHAG

By this virtue,

TSHE-PAG MEY-GON LHA-TSHOG DRUB-GYUR-NE

may I swiftly attain Buddha Amitayus' state.

DRO-WA CHIG-KYANG MA-LU-PA

May all sentient beings,

DE-YI SA-LA GO-PAR-SHOG

without exception, attain this state.

Long Life Prayer for His Holiness the XIV Dalai Lama

For this realm encircled by snow-covered mountains,

You are the source of every benefit and bliss without exception.

Tenzin Gyatso, you who are one with Avalokiteshvara,

May you remain steadfast until samsara's end!

Long Life Prayer for His Holiness Drikung Kyabgon Chetsang Rinpoche

Embodiment of the three precious jewels,

Padmanpani, who holds the teachings of the Victorious One,

Seeing the all-goodness meaning with the wisdom eye,

May you who are Spontaneously Established Activities live long for hundreds of kalpas!

Long Life Prayer for His Holiness Drikung Kyabgon Chungtsang Rinpoche

Noble Manjushri, the Lord of Speech,
Who manifests to hold the teachings of the Triple Gem,
Who raises the lamp of the Sage's teachings,
May you who are the Light of the Dharma live long for hundred of kalpas!

Long Life Prayer for H.E. Togden Rinpoche

The Deathless Vaishravana, Bestower of Glory

Om Svasti.

TAGTEN YONGSU DRUBPEI YESHE NI

The Primordial wisdom, everlasting and absolute,

MISHIG DECHEN DORJEI KURNANG WA

Manifesting in the form of immutable great bliss vajra;

CHIWA MEDPEI PALTER GÖNPO DE

The deathless protector Vaishravana, Bestower of Glory,

MIGUR TSHEWANG JINCHEN DENGDIR PHOB/

Descends here and now as the immutable great one bestowing
the Power of Longevity.

SI-NA CHEKON CHOG GYUR THUB PEI TEN

In this world known as *KONCHOG THUPTEN*, supreme
jewel of Buddha's doctrine,

DONGAG TENPA YONGDZOG YIZHIN NOR

The wish-fulfilling gem of the complete perfect doctrine of
sutras and tantras,

SHE-DANG DRUBPEI THRINLE GYALTSHEN TSER

The tip of the victory banner of teaching and practice,

TENPEI GYALTSEN,

GÖ-DZE DROWEI GÖNJYÖ ZHABTEN SÖL

I pray that you remain forever as the protector of beings.

NGEDÖN NYINGPOI RINGLUG DÜTSI LUNG

The river of nectar of the definitive meaning of the "Ngesdon NyingPo"

KALZANG ZHINSAR KYINLE TENDANG DROR

That irrigates the merit fields of doctrine and beings

PHENDE DRE ZANG CIGARR YURZA WAE

With the trees heavily laden with excellent fruits of benefit
and happiness, fulfilling whatever one wishes for,

LU-CHEN DANGWEI SELZHIN TSHOZHE SÖL

I pray that you take care of embodied beings, swiftly as
the speed of light,

KHYENTSEI GANGWA GYEPEI DAZHÖN GANG

Like the youthful full moon, replete with wisdom and compassion.

TENZIN GYUKAR CHEWEI DEDPÖN TU

The doctrine holder – leading many followers like tens
of million star-constellations,

PHÜL-JUNG NETOB ÖKAR BUMDAL ZHIN

Exuding extraordinary powers like the outburst of a hundred thousand white rays,

SASUM TASHI TANGWE KYONG-GYUR CIG

Protect and increase the auspiciousness of the 3 realms!

OM AH HUNG GURU RATNA SHASA NADHA

DZA AYUR JNANA TSHE BHRUM

Composed by H.H. Dudjom Rinpoche.

The Excellent Stream of the Elixir of Immortality - a prayer for the long life of His Eminence Garchen Rinpoche

OM SOTI.

Unchanging great bliss,
dharmakaya, Unobstructed skill,
samboghakaya,
Dance of objectless compassion,
nirmanakaya, Protect me lord of the
undivided three kayas.

In the center of a white lotus, complete with the sixteen
aspects, White as the autumn moon, holding an utpala flower,
Protecting from the eight fears, mother of the buddhas of the three
times, Wishfulfilling Cakra, bestow immortal life!

In the holy land you were known as
Aryadeva, In Dokham you manifested in the
Gar family, Heartson of Jigten Gonpo,
Chodingpa,

Glorious Garchen, for a hundred eons may your life remain firm!

Full moon, ornamenting the doctrine of the Three Jewels,
In the cave of the eastern mountain you attained
sublimity, And yet you stay as a kumuda in the cool rays
of a low seat,
Garchen, moon of benefiting others, may your life remain firm!

Leaving aside the winds of food, clothing and
talk, Wearing the armor of learning, virtue and
nobility, Your three samadhis firm as the ocean-
waters,
Garchen, light of certain meaning, may your life remain firm!

In this degenerate time, when the doctrine of the victorious ones is
feeble, Through your vajra-like discipline,
You carry the heavy burden of the unbiased teaching,
Garchen, sun of the doctrine, may your life remain firm!

Although the three secrets of a lama possessing blessing,
Cannot be assaulted by the obstructions of demons,
Yet according to the nature of dependent
origination, This wishfulfilling prayer is
marvelous.

Through the blessing of Mahakala and Chöki
Drölma, May this pure prayer, made with a pure
heart,

Be accomplished according to its meaning, spontaneously and without obstacles!

At the request of the monks Karma Drodül and Drukseng of Lholung Kargön monastery, this prayer was made by the one blessed with the name of the Glorious Drikungpa, Konchog Tenzin Kunsang Trinley Lhundrup. Written on the 29th of the second month, in the year of the water monkey [1992], in the 17th rabjung cycle, may this prayer bring virtue. Mangalam.

Long Life Prayer for His Eminence the 12th Nubpa Konchok Tenzin Rinpoche

Om Svasti.

In the land of India you were born as Great Mahasidha Tog Tsepa.

In the land of snow at the place of Drikung Thil,

You have emanated as victory Kunga Thinley.

May you, Nubpa Konchok Tenzin Rinpoche, remain steadfast for hundreds of aeons.

You have culminated all the knowledge of scriptures and science,

You are a presence in the world with great hidden yogic accomplishment.

You are the victory banner of the lineage in this degeneration time.

May you, Nubpa Konchok Tenzin Rinpoche, remain steadfast for hundreds of aeons.

This long life prayer was composed on the 15th day of the 6th lunar month (2006) by Konchok Tenzin Kunzang Thinley Lhundrub who is blessed with the name of Gyalwa Drikungpa. It was requested by monk Zodpa. Translated by Lama Nyandak.

Long Life Prayer for most Venerable Khenchen Rinpoche

Short version:

You who are richly endowed with the glorious wealth of Dharma knowledge,
Who through reflecting and meditating, have actualized the self-aware absolute reality;
And shine with the hundred-thousand light rays of ethical discipline of the Buddha-Dharma.
May you, Khenchen Ratna Dwaza, live long!

Long version:

Swasti!

Guardian of the original dharmata, presiding master of all Buddha families
Chief of an ocean of mandalas, great secret of the one hundred Buddha families
Most magnificent of the various appearances, dispeller of the six realms' hardships –
This Kagyu lama, the embodiment of all Buddha families, bestows all goodness.

Most resplendent of wealth-holders of the Sage's full-libertion teaching
Most magnificent of world-holders of the fully pure attainment lineage
Most supreme of essence-holding elements that dispel the multitude of hardships –
I supplicate this great all-knowing guide to the path.

He differentiates into provisional and definitive the transcendent practice of complete study
Realizes as the two truths the transcendent practice of unmixed contemplation, and
Actualizes the transcendent practice of unmistaken meditation –
May this maintainer of the Sage's tradition have a long life!

He is expert, of all scripture and understanding, in the sutric and tantric teachings of the
Conqueror
Diligent, with pure discipline, in the sutric and tantric teachings of the Conqueror
Excellent, with developed Supreme Mindset, in the sutric and tantric teachings of the Conqueror
–

May this clarifier of the Jewel, the Conqueror's teachings, have a long life!

He roars the thunder of the teachings of the Gong Chig
Flashes the thousand-lightning-bolts of the ignorance-suppressing Gong Chig
Showers the sweet rain of the un-declined Gong Chig –
May this expert bearer of the Gong Chig standard have a long life!

Holder of the comprehensive Dakpo attainment lineage
Preserver of the supreme path, unmistaken in all aspects of the meaning lineage
Propagator to those of Mahayana family the profound dharmas of the transmission lineage –
May this great being who upholds the Kagyu teachings have a long life!

True blessing-power of the Three Jewels, Three Roots, and the dharma guardians
Changeless-sphere truth of all that is good and beneficial in the three times –
Through full purity of the Three Faiths, may the indestructible three secrets of the
Jetsun Lama blaze always, with magnificence, goodness, and virtue!

These seven verses of vajra-dharmic long-life prayer for the unequalled great khenpo, a wish-fulfilling jewel, were composed with single-pointed aspiration by the wholly inferior follower of the Dakpo Kagyu by the name of Rase Könchog Gyatso during the Festival of Miracles of the Fire Dog year (2550).

This long-life prayer was translated from the Tibetan in the interval between the Festival of the Buddha's Descent from the God-Realms and Thanksgiving, 2006, by Könchog Dorje, Terence Barrett- one who has seen the truth of the words of this prayer on many occasions but has internalized too little and repaid the kindness described even less. May the truth, beauty, and devotion evident in the original Tibetan long-life prayer to the benevolent Khenchen Rinpoche of the Drigung Kagyu shine through in this attempt at translation with the blessing of the Kagyu masters!

Prayer for World Peace

KYAB NE LU ME KUN CHOG TSA WA SUM / KYYE PAR GANG CHEN GON PO CHEN RE ZIG

The three jewels and the three roots, trustworthy source of refuge, and in particular the Lord of Snow,

JE TSUN DROL MA GU RU PEMA JUNG / SOL WA DEB SO THUG DAM ZHAL ZHE GONG

Avalokiteshvara, Jetsun Tara, and Guru Padmasambhava, I supplicate you; please follow your previous pledges!

MON LAM YONG SU DRUB PAR JIN GYI LOB / NYIG DU DRO NAM SAM JOR LOG PA DANG

Bestow blessings that this aspiration prayer may be fulfilled most perfectly! Due to the degeneration of times, when thoughts and deeds of beings are perverted

CHI NANG JUNG WA THRUG PE GYU KYEN GYI / NGAR MA DRAG PE MI CHUG DAL YAM NE

and the inner and outer elements have lost their balance, men and cattle are seized by epidemic disease previously unheard of.

ZA LU GYAL DON NAG CHOG JUNG PO ZER / TSA SE SER SUM LO NYE MAG THRUG SOG

Intruding rahun, nagas, powerful demons and dark forces, blight frost and hail, bad harvest warfare and so forth,

CHAR CHU MI NYOM DZAM LING TSHA DUNG THEN / SA YO ME DRA JUNG ZHI JIG PA DANG

Erratic rainfall, heat, misery and droughts in the world, destruction by the elements such as earthquakes and the threat of fire.

KHYE PAR TEN LA TSHE WE THA MAG SOG / DZAM LING KHYON DIR NO TSHE RIG THA DAG

And in particular barbaric offenses causing harm to the teachings are rampant. May all types of harm and injury around the world be swiftly pacified and overcome!

NYUR DU ZHI ZHING TSA NE JOM GYUR CHIG / MI DANG MI MIN DRO WA THA DA GI

May precious and supreme Bodhicitta spontaneously arise in the mind streams of all beings,

GYU LA JANG CHUB SEM CHOG RIN PO CHE / NGANG GI KYE NE NO TSE SAM JOR DRAL

human and non-human, and may they be free from destructive thoughts and deeds!

PHEN TSHUN JAM PE SEM DANG DEN NE KYANG / DZAM LING THA U DE KYI PAL GYI JOR

May all be endowed with a loving mind for one another, and may well-being, glory, and prosperity prevail throughout the world!

SANG GYE TEN PA DAR ZHING YUN NE SHOG / TSA SUM GYAL WA SE CHE DEN PE THU

May the Buddha's teaching spread far and wide and ever last! By the truthful power of the three roots, the Buddhas and Bodhisattvas,

KHOR DE GE WE TSA WA GANG CHI PA / DAG CHAG LHAG SAM NAM PAR KAR WE THU

by any root of virtue existing in samsara and nirvana and by the power of our perfectly pure, highest intention,

SOL TAB MON PE DRE BU DRUB GYUR CHIG

may the fruition of our supplication and aspiration be attained!

This prayer was composed by Jamgon Kontrul Rinpoche for the peace and welfare of Tibet. In order to suit present times, Lama Thubten Nima changed certain wording, such as the reference to the whole world instead of only Tibet.

Translated by Ina Bieler in December 2007, Copyright The Garchen Institute 2007.

All rights reserved.