



Drikung Kagyu Lineage

Drikung Kagyu Lineage is one of the Kagyu lineages which was founded about 850 years ago, by the enlightened spiritual master Kyoba Jigten Sumgon (1143-1217). Teachings came directly from Buddha Shakyamuni and the primordial Buddha, Vajradhara and were handed down to Gampopa (1079-1153) through fully enlightened masters such as Tilopa, Naropa, Marpa, and Milarepa. Gampopa in turn gave all these teachings to Phagmodrupa (1100-1170). Jigten Sumgon was one of the closest and chief disciples of Phagmodrupa. After receiving all the complete teachings from Phagmodrupa, Jigten Sumgon then gave them all to his chief disciple, Gurawa Tsultrim Dorje (1154-1221). All these enlightened energies, blessings and teachings were then handed down unbroken to the present 37th and 36th lineage holders, H.H. Drikung Kyabgon Chetsang Rinpoche who lives in Dehra Dun, India and H.H. Drikung Kyabgon Chungtsang Rinpoche who lives in Tibet. Lord Jigten Sumgon prophesied again and again, "In the future my teachings will flourish by the two Bodhisattvas, who are like the sun and the moon, through their compassion and wisdom." H.H. Chetsang Rinpoche is like the sun. He is the emanation of Chenrezig, the compassionate deity. H.H. Chungtsang Rinpoche is like the moon. He is the emanation of Manjushri, the wisdom deity. As a member of the Kagyu family, it shares with the other Kagyu lineages practices such as Mahāmudrā (*phyag rgya chen po*) and the Six Dharmas of Naropa (*na ro chos drug*). Within this context of a shared heritage with the other Kagyu lineages, the Drigung Kagyu is known for the philosophical view expressed in *The Single Intention (dgong gcig)*, and the stages of Mahāmudrā practice known as "The Five-fold Profound Path" (*phyag chen lnga dan*). Furthermore, from the 16th century onward the Drigung Kagyu has held the main transmission of a treasure-cycle known as the *Most Profound (yang zab)*. The Drikung is also known for its Great Phowa Practice and great meditators. There are many stories about those who have attained Enlightenment in one lifetime. More information at <http://www.drikung.org/>

H.E. Kyabje Garchen Triptrul Rinpoche

Born in Nangchen Kham, Eastern Tibet in 1936, the 8th Kyabje Garchen Triptrul Rinpoche was recognized at age seven by Drikung Kyabgon Shiwe Lodro as the incarnation of Gar Chodingpa, one of the heart disciples of the famed Jigten Sumgon, Kyobpa Rinpoche – founder of the Drikung Kagyu. In ancient India, he had been incarnated as Mahasiddha Aryadeva, the lotus-born disciple of the great Nagarjuna. In the seventh century, he was known as Lonpo Gar, the minister of the Tibetan Dharma King Songsten Gampo.

Studying and practicing under the direction of the Siddha Chime Dorje, Garchen Rinpoche received vast and profound instructions on the preliminary practices, the fivefold practice of Mahamudra and the Six Yogas of Naropa. At the age of 22, soon after Rinpoche completed two-and-a-half years of sealed retreat, Tibet was invaded by China. Following the war, Garchen Rinpoche was imprisoned for almost 20 years. It was in prison that he met his root lama, the great Khenpo Munsel and practiced diligently in secret until signs of realization spontaneously appeared. Khenpo Munsel. praised him with the words: "Gar Rinpoche is the emanation of a bodhisattva". Through twenty years of imprisonment and hardships, Rinpoche was able to transform his body, speech and mind and emerged as a selfless master of vast compassion and wisdom.

Following his release from the prison, Rinpoche has worked tirelessly to rebuild his monastery in the Gar village, as well as 27 other monasteries in the greater area of Eastern Tibet. At the same time he has devoted himself wholeheartedly to the task of passing on the teachings of the lineage.

In 1997 Rinpoche first visited the West and founded many Drikung Garchen centers in the USA and in Europe. He travels tirelessly to the various centers and monasteries in Asia, America, and Europe to teach especially the infallible law of karma cause and effect and the essence teachings of the Thirty-Seven Practices of Bodhisattvas, a commentary written by the Bodhisattva Ngulchu Thogme Zangpo.

Rinpoche's vast realization, love and compassion with the sole wish to benefit all beings without exception are highly revered not only by masters and disciples of his own lineage but also masters and disciples of other traditions as well. He always holds a prayer wheel in his hand, continuously spins the wheel to pray for, and to radiate compassionate energy to benefit all beings. The great compassionate Tara is Garchen Rinpoche's main yidam deity and his aspiration is to follow in her footsteps to bring love and compassion to all.



His Eminence Garchen Rinpoche

Oct. 27 – 31, 2016 Stockholm



Venue: Färggårdstorget 1, Stockholm

All teachings will be translated into English.

Program for October 27 – 29

PUBLIC TALK & REFUGE CEREMONY, OCT. 27
BARDO & GREAT DRIKUNG PHOWA, OCT. 28
AMITABHA & PHOWA BLESSINGS, OCT. 29

Organized by

Ratnashri Meditation Center, Sweden

Email: info@ratnashri.se

<http://www.ratnashri.se>

Telephone: 08-765 5878 (leave message)

Program for October 30 – 31 organized by
Sweden Drikung Kagyu Meditation Center

Email: info@drikung.se

<http://www.drikung.se>

OCT 27 (Thursday)

Public Talk: How to Endure Hardships with Loving Kindness & Compassion

Rinpoche will speak from his own experience.

Thursday, Oct. 27, **kl 18.00 – 19.30**

Free admission. Donations welcome.

Seats are filled on first-come-first-serve basis.

Refuge Ceremony

To register, please write to info@ratnashri.se

Thursday, Oct 27, **kl 19.45 – 20.30**

Fee: Donation to Rinpoche is recommended

Venue: Pumpan, Färggårdstorget 1, Stockholm

OCT 28 (Friday)

BARDO Teaching, kl. 13 - 15

Bardo means gap in-between or intermediate state. Rinpoche will give teachings based on prayers by Tertön Karma Linpa: *Root Verses of the Six Bardos, Prayer for Deliverance from the Bardo's Narrow Passage & Bardo Prayer that Protects from Fear*. Six bardos are Bardo of This Life, Bardo of Dream, Bardo of Meditation, Bardo of Dying, Bardo of Dharmata (Luminosity of True Nature) and Bardo of Karmic Becoming. Rinpoche will give pith instructions on how to train ourselves to seize special moments by recognizing our true nature of mind when we are passing through the bardos between death and rebirth in order to attain liberation; how to make supplications and how to avoid unfortunate rebirth.

PHOWA Teaching & Transmission, kl. 16 - 18

Phowa or transference of consciousness to Buddha Amitabha's pure realm at the time of death is the simplest and most direct method to attain liberation from samsara/enlightenment with little meditation. **The Great Drikung Phowa**, Jagtsukma (Standing Blade of Grass) is one of the most powerful and swift practices presently being upheld and taught in an unbroken lineage through the Drikung masters. Rinpoche will give teaching and transmission on this profound method. This session is a prerequisite for the Phowa practice on the next day.

Venue: Pumpan, Färggårdstorget 1, Stockholm
Fee: 500 SEK per day (any participation)

Pay in advance to reduce on-site administration. Please deposit fee to center's account PG: 128 78 06-2

OCT 29 (Saturday)

AMITABHA Teaching, kl. 10 – 12

HOW TO BE REBORN IN DEWACHEN (SUKHAVATI),

Though we have this precious human life, and have encountered the Buddha's teachings, samsara has so much suffering – suffering of birth, aging, sickness and death. We do not get what we want but we get what we do not want. In order to free ourselves and others from samsara, we should make the effort to be reborn in Amitabha's Pureland where one can swiftly benefit all sentient beings, accumulate merits, purify obscurations and attain enlightenment.

PHOWA Practice, kl. 13 – 14

AMITABHA Empowerment, kl. 14 – 16

Buddha Amitabha (Buddha of boundless light) is the chief Buddha of the Padma Family, the creator of the Western Pureland Dewachen and is one of the Five Dhyāni Buddhas. There are many histories of how the historical Buddha appeared as bodhisattva bhishu Darmakara first cultivated bodhicitta and then studied, practiced and supplicated while he met countless Buddhas reinforcing his bodhicitta each time when he met a different Buddha. Seeing the immeasurable suffering in samsara, great and powerful compassion grew. He made a special aspiration from among the 500 types of aspirations that he would accomplish bodhicitta and benefit sentient beings, in particular, he focused on the creation of his Pureland, Dewachen (in Sanskrit Sukhavati), the Land of Great Bliss. He vowed, "Even those who have not achieved bhumis can be reborn in my Pureland. They can make this connection simply by hearing my name and pray with devotion." With this kind of great motivation, he practiced bodhicitta for countless kalpas, perfected his great aspirations, and finally attained Buddhahood.

Blessings for the Deceased, kl. 16:30 - 18

Rinpoche will lead the Amitabha and Jangchok practice to bestow blessings to the deceased. A printed list of the deceased will be displayed. To add names to that list, please write to garchen.blessing@gmail.com

Venue: Pumpan, Färggårdstorget 1, Stockholm
Fee: 500 SEK per day (any participation)

Pay in advance to reduce on-site administration. Please deposit fee to center's account PG: 128 78 06-2.

All revenues net of expenses for this program will be donated to H.E. Garchen Rinpoche's charity projects.

Private Audience with Rinpoche

To register, please write to info@ratnashri.se

Fee: Donation to Rinpoche is recommended

Directions to Pumpan, Oct. 27 - 31

Address: Färggårdstorget 1, Stockholm

Alternative 1: (15 minutes walk)

From T-Skanstull (exit Ringvägen, and then left exit door), walk along Ringvägen, turn right onto Katarina Bangatan, turn left onto Ljusterögatan, turn right onto Malmgårdsvägen. Pumpan is at the end of Malmgårdsvägen

Alternative 2: (7 minutes walk)

From T-Slussen (exit Södermalmstorget), take bus 3 (towards Södersjukhuset) to bus stop Gotlandsgatan (5 minutes). Cross the first pedestrian crossing in front of the bus and walk across the parking lot, turn right onto Malmgårdsvägen. Pumpan is at the end of Malmgårdsvägen,

Accommodation

<http://www.hostels.com/stockholm>

<http://www.hostelworld.com/hostels/Stockholm>

<http://sv.hotels.com> <http://www.booking.com>

<http://www.hostelbookers.com>

<http://www.hotelspecials.se>

<http://www.budgetplaces.com>

Foreign Payment Information

Bank: Nordea Bank Sweden, 10571 Stockholm, Sweden

IBAN : SE91 9500 0099 6026 1287 8062

Swift address: NDEASESS

Account holder: RATNASHRI MEDITATION CENTER,
Friggavägen 11, 18132, Lidingö, Sweden

Please Note

For Oct. 28 – 29, important to pay in advance to keep last-minute on-site administration to a minimum since it is Rinpoche's wish to see everybody meditating fifteen minutes prior to each teaching. Please respect this. Please come early. Free vegetarian meal will be served on Oct. 29. Please write all inquiries to info@ratnashri.se .