

May all be auspicious!

H.E. Garchen Rinpoche leads and bestows

Teaching on Lord Jigten Sumgön's Practical Instructions to Mountain Retreatants called *Mountain Dharma* Sat.-Sun. 27-28/2, kl. 17-20 CET

More information [here](#).

Text [here](#)

Livestream YouTube: [Click here](#)

Donation [Click here](#). Hosted by [Milarepa Retreat Center in Germany](#)

Buddhist Path to Awakening by Ven. Khenpo Tenzin every Tue. and Thur. from 18/2-20/5

This concise and comprehensive overview of the Buddha's teachings is perfect for beginners or more experienced practitioners. Starting with an introduction to the Buddhist view and all the essential teachings of the path for transformation. An interactive format with discussion groups on zoom will give each you access to meaningful conversation fostering connection. It is an excellent opportunity to learn for the first time and to refine your understanding of Dharma.

The subjects include: Refuge, Ten Virtues, Ten Non Virtues, Preliminary Practices, Vows, View of Karma, Four Noble Truths, Four Thoughts, Sutra Paths and Bhumis, New Tantric Paths and Bhumis, Old Tantric Paths and Bhumis, Generation Stage, Completion Stage and the Fruition of Dharma Practice.

Tuesdays 18 - 20 CET Teachings

Thursdays 01:30 - 3:30 CET - Questions/ Discussion / Meditation

Dates:

March 2,4,9,11,16,18,23,25,30

April 1,6,8,13,15,20,22,27,29

May 4,6,11,13,18,20

(You will be notified of any date changes)

Livestream YouTube: [Click here](#)

Donation [Click here](#) Organized by [Garchen Buddhist Institute, Arizona](#)

Dream Bardo Teaching by Khenpo Samdup Rinpoche Sat. 6/3, kl. 17-19 CET

Shitro Empowerment Sat. 6/3, kl. 22 – 01 CET

Phowa Transmission and Phowa/Bardo Teaching Sun. 7/3, kl. 17 -20 CET

Phowa text [here](#)

Program information [here](#).

Livestream YouTube: [Click here](#)

Donation [Click here](#). Hosted by [Gar Drolma](#)

Venerable Khenpo Tamphel teaches via Zoom
Arya Nagarjuna's *Bodhicittavivarana* (Exposition of the Awakening Mind)

Sat. 20/3, kl. 10-13 CET

Program information: [click here](#).

Organized by [Ratnashri Meditation Center, Sweden](#)

Drubpon Tsering Rinpoche leads

Teaching: 37 Practices of a Bodhisattva part 3

Sat. 27/2, kl. 9- 12 CET [Click here for information](#)

White Tara Longevity Practice for H.E. Garchen Rinpoche
Sun, 28/2, kl. 10:00 CET

Text: [Click here](#) Picture [Click here](#) Prayer to 7 Taras [Click here](#)

Medicine Buddha Practice Wed. 3/3, kl. 19 CET

Text: [Click here](#) Picture [Click here](#)

Shamata and Avalokiteshvara Practice Fri. 5/3, kl. 18 CET

Text: Sadhana [Click here](#) Ganges Mahamudra [Click here](#)

Zoom-link for events above: Meeting-ID: 737 3762 3305 / Password: Tara21?

[Donate](#) to the Garchen Dharma Institute in Munich

Teaching: 37 Practices of a Bodhisattva part 4 Sat. 6/3, kl. 9- 12 CET Read more [here](#)

Yamantaka Retreat

Thur.–Sun. 11–14/3 Read more [here](#)

Drubpon Rinchen Dorjee Rinpoche leads

Njungne Retreat Fri. 26/2 kl. 1:30 CET – Mon.1/3 afternoon CET

Nyungne is the powerful purification practice of 1000 Arm Chenrezig, supported by the temporarily observing the eight Sodjong Vows. It will include the reading transmission empowerment for those who need it. More information about the retreat. [Click here.](#)

[Donate](#) to Chicago Ratna Shri Sangha.

Most Ven. Khenchen Konchog Gyaltshen Rinpoche teaches

A Guru Yoga That Brings the Dharmakaya Onto the Path by Ven. Khenchen Rinpoche

Saturdays 27/2; kl. 16 – 19 CET

Text: [Click here](#)

Shantideva's Bodhisattva's Way of Life: Chapter 8 Meditation

Wednesdays, 3/3, 10/3, 17/3; kl. 16 – 19 CET

Zoom Link [here](#) ID: 828 2028 0511 Passcode: 453003

Please make a donation [here](#).

The program is organized by [Buddhismus in Berlin e.V.](#), [Milarepa Buddhist Center of Iowa](#) and [Drikung Dharma Circle of Wisconsin](#)

Zoom Link [here](#) ID: 872 0817 0241 Passcode: 072490

Please make a donation [here](#).

The program is organized by [Milarepa Buddhist Center of Iowa](#) and [Drikung Dharma Circle of Wisconsin](#)

Proscription and Prescription, a Vajra Song by Ven. Khenchen Rinpoche

Saturdays 6/3; kl. 16 – 19 CET

Text: [Click here](#)

Zoom Link [here](#) ID: 882 4150 8028 Passcode: 108

Please make a donation [here](#).

The program is organized by [Drikung Meditation Center Boston](#), [Milarepa Buddhist Center of Iowa](#) and [Drikung Dharma Circle of Wisconsin](#)

His Holiness the 14th Dalai Lama offers us:

Short Teaching will be given on the Day of Offering (chotrul duechen)

Sat. 27/2, kl. 04:30 – 05:30 CET

**An inaugural Address for an International Buddhist
Conference on The Three Trainings**

Fri. 5/3, kl. 05:00 – 06:30 CET

Teaching: Buddhism and Science

Thur. - Sat. 11-13/3, kl. 04:30 – 06:00 CET

Teaching: *The Four Noble Truths* and *The Two Truths*

Wed. 7/4, kl. 04:30 – 06:00 CET

Livestream page: <https://www.dalailama.com/live>

**Commentary on the Parnashavari Sadhana is now also
available in German**

Download page : [Click here](#)

**His Holiness spoke in the conference "Baikal-Pure Chalice of
Our Planet" on Feb. 19**

The conference aims at identifying sustainable solutions for ecological challenges experienced in the Lake Baikal region in Russia.

Read more [here](#)

**His Eminence Nubpa Rinpoche bestows commentary on
Khunu Rinpoche's *Jewel Lamp: A Praise of Bodhicitta*
(one verse each day)**

Download commentary : <https://ratnashri.se/Verses.pdf>

Stay healthy, happy, and enjoy your Dharma practice.

OM MANI PADME HUNG.

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