### H.E. Garchen Rinpoche leads and bestows

Khenpo Samdup: Vajrapani Teachings and oral transmission, Sat.17/4, kl. 18 CEST

H.E. Garchen Rinpoche: Vajrapani Empowerment, Sat.17/4, kl. 23 CEST

H.E. Garchen Rinpoche: Mahakala & Achi Teachings & Blessings, Sun. 18/4, kl. 18 - 21 CEST

Vajrapani manifests the power of all the Buddhas and embodies all tantric deities. He is called the Demon Conqueror and holds a gold vajra in the right hand and vajra lasso in his left in the subduing gesture. Those who faithfully practice him will not be opposed by any evil entities and will eventually attain the vajra mind of all the buddhas.

Mahakala appears wrathful and stands amidst flames, but he is one with the lovingkindness and compassion of the Buddha. In the Drikung lineage, he has four arms, one of which bears a sword that helps cut through hindrances to our Dharma practice, such as negative thought patterns, hatred and ignorance.

Achi Chokyi Drolma is a Dharma protectoress also known as Dharma Tara. She is strongly associated with our lineage and emanated as the grandmother of Drikung Kagyu founder, Lord Jigten Sumgon. Our practices depict her as semi-wrathful, ready to instantly act on our behalf astride the blue water horse—or she stands peacefully with mirror and skullcup in hand.

Registration: Click here

Livestream YouTube: https://

www.youtube.com/channel/UCm XG1NSjPoPc8ruERVIG2Q

Hosted by Garchen Meditation Centre Foundation

More information on this program can be found on the next page

Today, April, 17<sup>th</sup>, 23.00 CEST or 2pm Arizona time Garchen Rinpoche will start Vajrapani empowerment. GBI's YouTube link for part 1 <a href="https://youtu.be/ZSwN-v\_19jU">https://youtu.be/JgihQV18Lxk</a>

On Sunday, April, 18, 18-21 CEST or 9am-12pm Arizona time (MST) Garchen Rinpoche will bestow Teachings and blessings of Mahakala and Achi Choki Drolma – major Dharma protectors.

GBI's YouTube link for part 1 <a href="https://youtu.be/cb78JZTWlgo">https://youtu.be/FOnmY0jdHtM</a>

Events hosted by Garchen Meditation Centre Foundation (Canada).

#### **HOW TO RECEIVE THE VAJRAPANI EMPOWERMENT?**

Garchen Rinpoche said that one is permitted to embark the path of tantra after one has practiced the pratimoksha path of individual liberation (where we refrain from harming others and take refuge vows) and bodhisattva path (where we care for all sentient beings and engage in bodhisattva conduct). "That is why bodhichitta is the most important" (since 42:40 of Medicine Buddha empowerment, July, 25, '20 https://cutt.ly/Medicine Buddha emp).

Sakya Pandita, great master, often cited by Garchen Rinpoche, has said very clearly, "Without taking vows, there is no empowerment, there is no initiation." And to take the vows, we need to know them: <a href="https://cutt.ly/Bodhichitta">https://cutt.ly/Bodhichitta</a> actions.

#### **USEFUL LINKS ON VOWS:**

- (1) Garchen Rinpoche summarizing Bodhisattva and Refuge vows <a href="https://cutt.ly/Garchen vows">https://cutt.ly/Garchen vows</a>, (2) 18 root Bodhisattva Vows: <a href="https://cutt.ly/18 vows">https://cutt.ly/18 vows</a>, (3) 46 secondary Bodhisattva Vows <a href="https://cutt.ly/46">https://cutt.ly/46</a> vows
- (4) Read more about all 3 sets of vows in the book "The Vows of the Three Vehicles" published by Garchen Stiftung in English, German, Spanish and Russian (orders by email <a href="mailto:shop-dgi@garchen.de">shop-dgi@garchen.de</a>)

SADHANA OF VAJRAPANI: https://cli.co/2tk\_5i7

More details: www.garchencanada.com

White Tara Practice for H.E. Garchen Rinpoche's Long Life performed by Garchen Institute Lamas, every Thur. 22/4 kl. 17 CEST Texts can be found here.

Livestream YouTube: Click here

Donation Click here Organized by Garchen Buddhist Institute, Arizona

### Parnashavari Practice Sat. 17/4 kl. 13 – 14 CET

Text: here; World Peace Prayer; here

Skype-link: Click here

Organized by Ratnashri Meditation Center, Sweden

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### **Drubpon Tsering Rinpoche leads**

Medicine Buddha Retreat Sat. - Sun. 17-18/4

More info here

### Medicine Buddha Practice Wed. 17/3, kl. 19 CET

Text: Click here; Picture: Click here

### Shamata and Avalokiteshvara Practice Fri. 23/4 kl. 18 CEST

Text: Sadhana Click here Ganges Mahamudra Click here

Zoom-link for events above: <a href="https://zoom.us/">https://zoom.us/</a> Meeting-ID: 737 3762

3305 / Password: Tara21?

Donate to the Garchen Dharma Institute in Munich

### Manjushri Retreat Wed. - Sun. 2-6/6

More info here

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### Most Ven. Khenchen Konchog Gyaltshen Rinpoche teaches

### **Guru Yoga Vajradhara: Relaxing the Mind in its Natural State**

Saturday, 17/4 kl. 17 – 19 CEST

Zoom Link here Meeting ID: 874 6938 8489 Password: 108

Text: Click here

How to Transform Individualism into Altruism & How to Maintain a Positive Mind in Difficult Times Saturday, 24/4 kl. 17 – 20 CEST

Zoom detail: not available yet

### **Drubpon Rinchen Dorjee Rinpoche leads**

The Four Dharmas of Gampopa, Sat. 17/4 kl. 17 CET

Download Text: Click here Zoom-link: Click here

## Medicine Buddha Practice – The Heart of Benefit and Well Being Sun. 18/4, kl. 17 CET

The Heart of Benefit and Well Being is a concise practice composed by the tantric master, Nuden Dorje, which purifies and removes the underlying causes of disease to benefit the health of ourselves or others.

Download Text: Click here Zoom-link: Click here

Donate to Chicago Ratna Shri Sangha.

### **Venerable Khenpo Tenzin leads and bestows**

## **Buddhist Path to Awakening every Tue. and Thur. from** 18/2-20/5

Tuesdays 19 - 21 CEST Teachings Thursdays alternate between 19 – 21 CEST (April 29) and 02:30 - 4:30 CEST (April 22)- Questions/ Discussion / Meditation

Zoom-link on Thursdays: https://zoom.us/ ZOOM ID: 218 378 3697

Password: 37PATH108

Dates: April 20,22,27,29 May 4,6,11,13,18,20 (You will be notified of any date changes)

Livestream YouTube: Click here

Donation Click here Organized by Garchen Buddhist Institute, Arizona

#### His Holiness the 14th Dalai Lama offers us:

**Teaching:** Heart Sutra

Sat. 1/5 kl. 05:30 - 07:00 CEST

Livestream page: https://www.dalailama.com/live

# Global Medicine Wheel – the interfaith prayer on International Earth Day: Thur. 22/4, start at kl. 7:00 CEST

On that day, there will be worldwide Drikung Kagyu Centers participate in this joint prayer service with the collaboration of spiritual leaders from Buddhism, Hinduism, Islam, Shamanism etc. The intention of this joint prayer is to direct people's minds and actions toward protecting our environment. This is a follow-up step of "Baikal – A Pure Chalice of Our Planet", an international online conference that took place on February 19, 2021, which was dedicated to engaging spiritual leaders and ecologists in conversations regarding ecological challenges experienced in the Lake Baikal Region in Russia.

Official part with His Holiness Drikung Chetsang, honored guests, Drikung Kagyu Centers, and all the centers and monasteries of different religions. At 07:00 CEST

- Introduction by Arya Sangha Association
- His Holiness gives a short speech
- Parnashavari short practice offered by His Holiness and His lamas
- and monks.
- Messages from the honored guests
- Conclusion by Arya Sangha
- Parnashavari puja from Jangchubling Monastery, Dehradun, India.

All participants are welcome to join with their prayers and practices.

The meeting and all the following activities will be streamed on Youtube channel: click here.

The program will continue on our YouTube channel with messages of prominent spiritual leaders and videos of various centers and groups offering their prayers for our planet.

Here is the dedicated website: https://baikal.sangha.ru/en

Organizer: Arya Sangha Association of Buddhist Communities

### **His Eminence Nubpa Rinpoche bestows**

commentary on Khunu Rinpoche's Jewel Lamp: A Praise of Bodhicitta (one verse each day)

Download commentary: <a href="https://ratnashri.se/Verses.pdf">https://ratnashri.se/Verses.pdf</a>

An electronic book *Words of Essential Advice* by H.H. Drikung Kyabgön Chetsang

Download the book and enjoy: Click here

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The latest update on all online programs can be found at www.ratnashri.se under News

Stay healthy, happy, and enjoy your Dharma practice. OM MANI PADME HUNG.

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