#### **Happy Saga Dawa!**

# Parnashavari Practice for the pandemic Sat. 29/5 kl. 13 – 14 CEST

Text: here;

Skype-link: Click here

Organized by Ratnashri Meditation Center, Sweden

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### **Khenpo Samdup Rinpoche teaches**

Songs of Realizations by Lord Jigten Sumgön Sat. – Sun. 29-30/5 kl. 17-19 CEST

Text: here;

Zoom-link: here;

Program information: here; Rinpoche's biography: here

Make a donation: here

### **Drubpon Tsering Rinpoche leads**

White Tara Longevity Practice for H.E. Garchen Rinpoche Sun, 30/5, kl. 10 CEST

Text: <u>Click here</u> Picture <u>Click here</u> Prayer to 7 Taras <u>Click here</u>

Zoom-link: <a href="https://zoom.us/">https://zoom.us/</a> ID: 737 3762 3305 / Password: Tara21?

**Donate** to the Garchen Dharma Institute in Munich

Manjushri Retreat Wed. - Sun. 2 – 6/6
& Kurukulle Empowerment and Six Bardos Teaching

More info here

Organized by **Drikung Garchen Institute**, **Germany** 

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#### H.E. Garchen Rinpoche

# White Tara Practice for Rinpoche's Long Life every Thur. 3/6 kl. 17 CEST

Texts can be found here.

Livestream YouTube: Click here

**Donation Click here** 

Organized by Garchen Buddhist Institute, Arizona

# H.E. Garchen Rinpoche leads 8th Annual Drikung Kagyu Ngo Choe Monlam Fri. 4/6, kl. 17 CEST

Zoom-link: Click here Meeting ID: 814 6131 7962 Passcode: js12345

Monlam Prayer Book: Click here

Hosted by the North American Drikung Kagyu Association

## **H.E. Garchen Rinpoche bestows**

### Kurukulle Empowerment Sat. 5/6, kl. 19:30 - 21:30 CEST

Kurukulle, also known as Red Tara, is the female embodiment of enlightened wisdom. Her name literally means" she who is the cause of knowledge". Like all another emanations of Tara, she acts through the activities of compassion, in this case attracting and enchanting. Her ability to attract, magnetize, and enchant is an enlightened activity to direct practitioners' attention to the Dharma, bring happiness, and remove obstacles in the practice.

## **Teachings on the Six Bardos Sun. 6/6, kl. 18 - 21 CEST**

Bardo means intermediate state. It is a kind of transition where we have left one state but not yet arrived in another. The aim of the bardo is the liberation from the ordinary mind with all its delusions in order to attain awakening by purifying the negative karma and practicing Dharma. In principle, six different bardos or intermediate states are taught: bardo of life, bardo of dream, bardo of samadhi, bardo of dying, bardo of dharmata and bardo of becoming.

Livestream YouTube: Click here

More information and registration <u>here</u>.

Organized by Drikung Garchen Institute, Germany.

#### **H.E. Garchen Rinpoche bestows**

**Embodhiment of the Precious Ones** 

from the Yangzab Terma Dzogchen Cycle

Sat. 19/6, kl. 18 - 21 CEST Teachings by Rinpoche

Sat. 19/6, kl. 23 - 02 CEST Teachings by Abao Lama

Sun. 20/6, kl. 18 - 21 CEST Teachings by Khenpo Tenzin

In the terma root text, it says, "Emaho! The Embodiment of the Precious Ones is the very heart-essence of the holy Dharma and the confluence of the enlightened mind of all the buddhas of the three times. It is the great Ati-the undisputed peak of all vehicles. It is the Dharma, which liberates sentient beings from the six samsaric states."

Livestream YouTube: Click here

Please write to info@drikungseattle.org to obtain the Zoom-link.

### **Venerable Khenpo Tenzin teaches**

**Buddhist Path to Awakening Tue. 1/6, kl. 19 – 21 CEST** 

Livestream YouTube: Click here

Donation Click here

Organized by Garchen Buddhist Institute, Arizona

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# His Holiness the 14th Dalai Lama bestows:

**Teaching: Je Tsongkhapa's Destiny fulfilled** 

#### Tue.-Wed. 1-2/6 kl. 05:30 – 06:30 CEST

Livestream page: https://www.dalailama.com/live

H.H.Drikung Kyabgon Chetsang bestowed - Oral Transmission of the Bodhisattva vows

Watch video here

His Eminence Nubpa Rinpoche bestows commentary on Khunu Rinpoche's *Jewel Lamp: A Praise of Bodhicitta* (one verse each day)

Download commentary: <a href="https://ratnashri.se/Verses.pdf">https://ratnashri.se/Verses.pdf</a>

Stay healthy, happy, and enjoy your Dharma practice. OM MANI PADME HUNG.

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