

May all be auspicious!

**Drubpon Rinchen Dorjee Rinpoche bestows
Chakrasamvara Empowerment, Teachings, and leads
Drupcho Retreat together with Garchen Institute Lamas**

September 25

Empowerment kl. 19 – 21 CEST

Sadhana Practice kl. 23 – 02 CEST

September 26 -29

Sadhana Practice and Teachings kl. 18 – 21 CEST

Sadhana Practice kl. 23 – 02 CEST

Registration is required ([registration form](#)). Once you have registered, you

will receive an email with instructions to participate and the sadhana. The samaya for taking the empowerment is to never lose your love for others. Also, to commit to accumulating 100,000 Chakrasamvara mantras in your lifetime.

Chakrasamvara is the main yidam of all Kagyu lineages, and the central deity practiced in the Fivefold Path of Mahamudra of the Drikung Kagyu Lineage. Chakrasamvara is centered around using bliss and emptiness to recognize and rest in our true nature or Buddha essence.

Organized by Garchen Buddhist Institute, Arizona

H.E. Garchen Rinpoche bestows

Meditation Online

Oct. 2 kl. 01:00 – 02:30 CEST

Webcast: https://garchen.tw/Live_Webcast/

Organized by [Garchen Dharma Institute in Taiwan](#).

H.E. Garchen Rinpoche bestows

**OM AH HUNG Teachings—Instructions on Vajrny
Breath**

Oct. 2 kl. 18 – 21 CEST

**Answers to practice (questions organized by Russian
Sangha)**

Oct. 3 kl. 18 – 21 CEST

Broadcast will be on YouTube and on Zoom. Read more [here](#) about how to register for Zoom participation, donation, submit questions etc.

Write all inquiries to info@drikung.ru

Organized by [Drikung Kagyu Ratna Shri Center, Moscow](#)

H.E. Garchen Rinpoche bestows

Teaching: Experiences with my Gurus

Sat. 23/10

According to his wish, H.E. Garchen Rinpoche will teach about the connection between the guru and the disciple in Vajrayana, based on his experience with his own gurus. More information [here](#)

Organized by Drikung Garchen Institute, Germany

Drubpon Tsering Rinpoche leads

**Chenresig Practice and Jangchog Puja for deceased Sun.
26/9 kl. 10:00 CEST**

Medicine Buddha Practice Wed. 29/9 kl. 19 CEST

**Shamata and Avalokiteshvara Practice Fri. 1/10 kl. 18
CEST**

Avalokiteshvara Practice Sat. 18/9, kl. 9 CEST

All puja texts can be downloaded [here](#)

Zoom-link: <https://zoom.us/> Meeting-ID: 737 3762 3305 / Password:
Tara21?

Donate to the Garchen Dharma Institute in Munich

Yamantaka Empowerment, Lung, and Teachings

Sat. 9/10, kl. 10 - 12 CEST Empowerment

Sat. 9/10, kl. 15 – 17:30 CEST Teachings and Lung

More information here

Organized by Drikung Garchen Institute, Germany

Dorje Lopön Dr. Hun Lye teaches

**Bodhicitta according to Shantideva's *Engaging in the
Conduct of Bodhisattvas***

Every Sat. and Tue. 25/9 and 28/9 kl. 15 - 17 CEST

Zoom Link: here. Meeting ID: 852 9257 9977 Passcode: bodhicitta

Make a donation here

Organized by Urban Dharma Buddhist community, North Carolina

Drubpon Rinchen Dorjee Rinpoche bestows

Medicine Buddha Practice, Achi Smoke Offering, and World Peace Prayer

Sun. 26/9, kl. 17 CEST

The Heart of Benefit and Well Being is a concise practice composed by the tantric master, Nuden Dorje, which purifies and removes the underlying causes of disease to benefit the health of ourselves or others.

Download Text: [Click here](#)

Zoom-link: [Click here](#)

Donate to Chicago Ratna Shri Sangha.

Khenpo Samdup Rinpoche leads

Teachings on Stages of Meditation

Sat. – Sun. 25 - 26/9 kl. 17 – 19 CEST

Everything about this course: [here](#)

Zoom-link: [here](#); Meeting ID: 871 0136 3775 Passcode: 620213

Make a donation to Gar Drolma Meditation Center: [here](#)

Venerable Khenpo Tenzin Offers

Mandala Offering Ngondro Retreat

Every Sat. Oct. 2 – Nov. 6, kl. 15 - 17 CEST

Mandala Offering Practice reduces and eventually eliminates self-grasping. Venerable Khenpo Tenzin will guide participants in zoom classes with instruction and commentary on the third ngondro retreat of Mandala Offerings which is essential for purifying and

accumulating merit. Registration is required and participants must commit to doing the entire retreat and attend a zoom class once a week for instruction and discussion. This retreat will be restricted for the participants and will not be accessible on our YouTube channel for the public. Orientation materials will be emailed out before the retreat begins which will include the materials you need.

Click [Here](#) to Register. The Mandala Retreat registration closes on October 1, 2021. Email any questions you have to registration@garchen.net

Khenpo Tenzin recognizes that each person's conditions will vary and some may work full time, part time, or be retired. You will be required to do a minimum of one session of practice everyday for the Mandala Offering ngondro retreat and ideally you would do the traditional four sessions a day.

Donation Click here. The suggested donation of \$300 for one ngondro retreat will help cover the offerings and costs to provide this programming. However, any size are gratefully accepted.

Organized by Garchen Buddhist Institute, Arizona

Meditation Series on the 37 Bodhisattva Practices

Mon. 4/10, kl. 00 - 01 CEST

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Organized by Garchen Buddhist Institute, Arizona

Serkhangma (Golden Temple) Prayer Commentary

Start Tue.. 5/10, every Tue. (kl. 19-21 CEST). and Thur. (kl. 00 - 02 CEST)

Garchen Rinpoche has requested Khenpo Tenzin to give an extensive commentary on the Serkhangma teachings and stresses the importance for all his disciples to fully understand the deeper

meaning of this profound prayer.

Texts: [here](#). Commentary by H.H. Drikung Kyabgon: [here](#). Recitation by H.E. Garchen Rinpoche: [here](#).

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Organized by Garchen Buddhist Institute, Arizona

His Holiness the 14th Dalai Lama bestows:

Teaching: Tsongkhapa's In Praise to Dependent Origination

Sat. – Sun. 9 – 10/10, kl. 05:30 – 07:00 CEST

This program is organized by a group of Taiwanese.

Remarks on Compassion and Q & A

Tue. 26/10, kl. 05:30 – 06:30 CEST

Teaching: Maitreya's The Ornament of the Sutras

Thur. – Fri. 4 – 5/11, kl. 04:30 – 05:30 CET

Talk: Cultivating a Good Heart

Wed. 10/11, kl. 04:30 – 05:30 CET

Dialogue with Father Laurence Freeman and Q & A

Wed. 1/12, kl. 04:30 – 05:30 CET

Dialogue and Question & Answer

Wed. 8/12, kl. 04:30 – 05:30 CET

This program is organized by the Mind & Life Institute.

Livestream page for all events above: <https://www.dalailama.com/live>

H.E. Nubpa Rinpoche bestows
Bodhicaryavatara by Shantideva

Aug. 9 onward, Mon. – Fri. kl. 13:30 – 14:30 CEST

Live broadcast In Tibetan and Chinese:
<https://www.facebook.com/nubpa.rinpoche>
and <https://www.youtube.com/桑吉佛網>

English translation can be read in Ratnashri Meditation Center, Sweden
Facebook.

Milarepa Song shared by H.E. Nubpa Rinpoche

My rotten flesh sucked up by flies,
my muscles and ligament eaten by bugs and worms—
if I can die in this mountain retreat,
the yogi's aspiration will be fulfilled.

No trace of human by my door,
no trace of blood inside*—
if I can die in this mountain retreat,
the yogi's aspiration will be fulfilled.

No human accompanies my corpse,
no one weeps for my death—
if I can die in this mountain retreat,
the yogi's aspiration will be fulfilled.

In the rock cave devoid of human,
may this beggar's aspiration prayer of death
which is for the benefit of beings bring fruit.

May my aspiration be completely fulfilled.

*The purpose of the mountain retreat is to practice the Dharma wholeheartedly, not to hunt for eating meat since such act creates negative karma, wastes time, and increases our sensual desire.

[Ratnashri Meditation Center welcomes you to a series of three online Silent Shravasti Meditation retreats with Ven. Khenmo Drolma](#)

Oct. 15 – 17, Nov. 12 – 14 and Dec. 3 – 5, 2021 (Friday thru Sunday)

Buddha said, “When the mind is realized, that itself is wisdom. Thus, do not search Buddha elsewhere.”

His Holiness Drikung Kyabgon Chetsang Rinpoche has introduced this meditation as an easy but comprehensive mind training approach following the *Sutra of Mindfulness of Breathing* taught by the Buddha in Shravasti while illuminating and supplementing it with teachings and techniques from Vipassana, Zen, and Mahamudra & Dzogchen traditions. This healthy, well-balanced mind training method is suitable for everybody in this modern day life.

The purpose of these retreats is to deepen our understanding of our own mind in order to expand our innate loving kindness, compassion, and bodhicitta through study, contemplation, and meditation. These silent retreats create conducive conditions for wisdom to arise.

All are welcome to join. Read the detailed program and an extensive teaching on Shravasti meditation expounded by HH Drikung Kyabgön Chetsang Rinpoche here (https://ratnashri.se/ShravastiMeditation_Fall2021.pdf)

Organized by Ratnashri Meditation Center

Stay healthy, happy, and enjoy your Dharma practice.
OM MANI PADME HUNG.

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