### May all be auspicious!

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### **Drubpon Tsering Rinpoche leads**

Medicine Buddha Puja Wed. 19/1 kl. 19 CET

Shamata & Avalokiteshvara Practice Fri. 21/1 kl. 18 CET

Avalokiteshvara Practice Sat. 22/1, kl. 9 CET

White Tara Longevity Practice Sun. 23/1 kl. 10:00 CET

All puja texts can be downloaded here

Zoom-link: <a href="https://zoom.us/">https://zoom.us/</a> Meeting-ID: 737 3762 3305 / Password: Tara21?

Donate to the Garchen Dharma Institute in Munich

Vajrayogini Retreat with Drubpon Tsering Rinpoche and Drubpon Palkyi Sat. – Sun. Feb. 5 – 6

More information **here** 

Organized by the Garchen Dharma Institute in Munich

### **Khenpo Rangdol bestows**

Gongchig (Buddha's Single Intention) by Lord Jigten Sumgön

Every Friday Jan.21, kl. 13:30 CET.

Zoom id: 848 2294 5265 Passcode 555888

Text: here

Gongchig by Lord Jigten Sumgön conveys clearly the essence of the Buddha's teachings. It delineates the causal law of the universe, Nagarjuna's philosophy of interdependence, and opens one's mind to principles of ethics that help to guard oneself against confusion and deceit. Thus the Gongchig is a guide for every Dharma practioner - for both study and application in daily life.

Organized by <u>Drikung Dharma Chakra Centre in Singapore</u>

### Dorje Lopön Dr. Hun Lye teaches

### Bodhicitta according to Shantideva's Engaging in the **Conduct of Bodhisattvas**

Every Sat. and Tue. 29/1 and 2/2 kl. 14 - 16 CET

Zoom Link: here. Meeting ID: 852 9257 9977 Passcode: bodhicitta

Make a donation here

Organized by Urban Dharma Buddhist community, North Carolina

### Khenchen Nyima Gyaltsen Rinpoche bestows.

The King of Samadhis Sutra – that reveals the equality of the nature of all phenomena

Jan. 22, 23 kl. 14:30 – 16:30 CET

Registration is required. Register to info@milareparetreat.de More information here

Hosted by Milarepa Retreat Center in Germany

### **Khenpo Samdup Rinpoche leads**

**Milarepa Songs of Realization** Sat. - Sun. 22/1 - 23/1 kl. 17 - 19 CET

Zoom-link: here; Meeting ID: 871 0136 3775 Passcode: 620213

Make a donation to Gar Drolma Meditation Center: <a href="here">here</a>

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### **Drubpon Rinchen Dorjee Rinpoche leads**

## Medicine Buddha Practice – The Heart of Benefit and Well Being Sun. 23/1, kl. 17 – 19CET

The Heart of Benefit and Well Being is a concise practice composed by the tantric master, Nuden Dorje, which purifies and removes the underlying causes of disease to benefit the health of ourselves or others.

Text: Click here

Zoom-link: Click here

Donate to Chicago Ratna Shri Sangha.

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### H.E. Garchen Rinpoche offers

White Tara Practice and Jangchok for the Living Sun. 23/1, kl.19-21 CET

Texts can be found <u>here</u>.

Livestream YouTube: Click here

Donation Click here

Organized by Garchen Buddhist Institute, Arizona

### **Venerable Khenpo Tenzin Offers**

Meditation Series on the 37 Bodhisattva Practices Mon. 24/1, kl. 00 - 01 CET

Livestream YouTube: Click here

**Donation Click here** 

Organized by Garchen Buddhist Institute, Arizona

# **Teachings on Yamantaka Practice with Drubpon Tsering Rinpoche**

Tuesdays Jan. 25 and Feb. 8, 15 kl. 15

Registrater to the event <u>here</u>

Join the class only if you received Empowerment directly from Drikung Kagyu Rinpoche, Drubpon and Lama.

If you are interested in joining the YAMANTAKA program with DRUPON TSERING RINPOCHE, please send an email to zoombodetam@gmail.com confirming that you have already received the Yamanataka empowerment, including the name of the Master from whom you received it, when and where, and we will send you the ZOOM ID with PASSWORD.

Organized by **Zoom Bo De Tam** 

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### **Khenpo Kinley Gyaltsen teaches**

Life After Death Thur. 27/1, 10/2, 17/2 kl. 13:30 CET

a 3 sessions teaching covering important topics:

- 1) The 12 Links of Dependant Origination
- 2) The Bardo and
- 3) The Phowa Practice.

Most importantly, Khenpo will ultimately teach on how the 3 topics are interlinked and how we should utilize them to prepare for this important moment of our life!

Zoom id: 891 9815 0549 Passcode: 555888

Organized by **Dharma Chakra Singapore Drikung**.

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### H.E. Lho Ontul Rinpoche bestows commentary on

Lojong - Seven Points Mind Training by Lord Atisha Dipankara Srijnana

Jan. 29, Feb. 12, 19, 26 kl. 13:30 – 15:30 CET

Zoom id: 93492976047 Passcode: 123456

Please email to wtsl1971@gmail.com phone +91 85809 99659

Organized by Wogmin International Zoom Committee & Wogmin Thubten Shedrup Ling Monastery

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### His Holiness the 14<sup>th</sup> Dalai Lama bestows:

All teachings are postponed until the end of January due to a recent surge of positive coronaviruses cases in India, including the Dharamsala area.

#### **Future Online Retreats at Ratnashri Meditation Center**

Shravasti Meditation Retreat with Khenmo Drolma Feb. 25 - 27, 2022.

Email to info@ratnashri.se for more information.

Yamantaka Empowerment, Teaching, and Practice for Yamantaka Drubchen with Drubpon Tsering Rinpoche March 18 – 20, 2022.

Email to <a href="mailto:info@ratnashri.se">info@ratnashri.se</a> for more information.

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Stay healthy, happy, and enjoy your Dharma practice. OM MANI PADME HUNG.

Ratnashri Meditation Center, Sweden Friggavägen 11 181 32 Lidingö Sweden

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Email: <a href="mailto:info@ratnashri.se">info@ratnashri.se</a><br/>

Facebook: <a href="mailto:fb.me/ratnashri.sweden">fb.me/ratnashri.sweden</a>
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