May all be auspicious!

Online Shravasti Meditation Curriculum with Venerable Khenmo Drolma

Coming to Peace with Our Emotions, May 7-8, 2022 Program and Registration <u>here</u>

Retreat for Advanced Meditators, May 27-29, 2022 Program and Registration <u>here</u>

Organized by Ratnashri Meditation Center, Sweden

His Eminence Lho Ontul Rinpoche gives commentary on Creation and Completion Stages of Deity Yoga

Sat.: April: 23, 30; May 7, 14, 21, 28 kl. 14:30 CEST

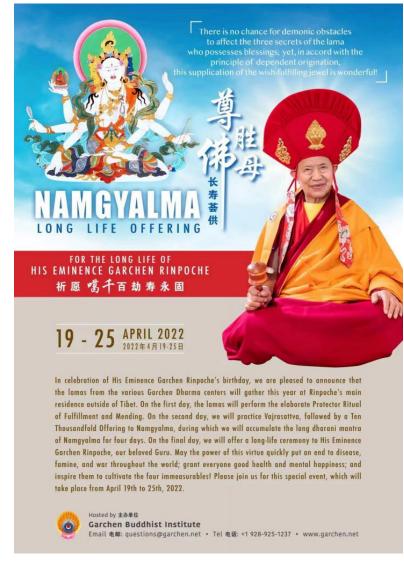
The generation stage or creation phrase, also known as the phase of imagination and the yoga of fabrications is the first phase of tantric deity yoga in the Unsurpassed Yoga Tantra. Ju Mipham defines the generation stage as follows: "accessing the purity and equality of appearance and existence through conceptual creations and training in accord with the view that ascertains the meaning of the natural continuum of the ground. The completion stage, also known as perfection or fulfilment stage or the yoga of the natural state is the second stage of Unsurpassed Yoga Tantra. Ju Mipham writes that in the completion stage or path of the innate or path of direct perception, the profound methodical pith instructions actualize the tantra of the ground, the great purity and equality that dwells within as the mandala of spontaneous presence.

ZOOM ID: 93492976047 Passcode: 123456

Donation to the Monastery and Rinpoches, please email to <u>wtsl1971@gmail.com</u> phone: +91 85809 99659

Organized by WOGMIN THUPTEN SHEDUP LING

H.E. Garchen Rinpoche bestows:



SCHEDULE

April 21 – 24 Namgyalma Offerings and Practice Kl. 18 – 21 and kl. 23 – 02 CEST (April 19 – 21)

April 25 Long Life Ceremony Kl. 18 – 21 CEST

Text: <u>Click here</u> Livestream YouTube: <u>Click here</u> Donation <u>Click here</u> Organized by <u>Garchen Buddhist Institute, Arizona</u> **Drubpon Rinchen Dorjee Rinpoche leads**

Medicine Buddha Practice – The Heart of Benefit and Well Being Sun. 24/4, kl. 17 – 19 CEST

The Heart of Benefit and Well Being is a concise practice composed by the tantric master, Nuden Dorje, which purifies and removes the underlying causes of disease to benefit the health of ourselves or others.

Text: Click here

Zoom-link: Donate to the organizer Chicago Ratna Shri Sangha.

Venerable Khenpo Tenzin Offers Jewel Ornament of Liberation Tues. 26/4, kl. 19 - 21 CEST

Meditation on the 37 Bodhisattva Practices Sun. 1/5, kl. 00 - 01 CEST

Livestream YouTube: Click here

Donation Click here

Organized by Garchen Buddhist Institute, Arizona

Dorje Lopön Dr. Hun Lye teaches

Bodhicitta according to Shantideva's *Engaging in the Conduct of Bodhisattvas*

Sat. 26/4 kl. 14-16 CEST

Zoom Link: <u>here</u>. Meeting ID: 852 9257 9977 Passcode: bodhicitta Make a donation <u>here</u> _____

Venerable Drubpon Kunsang bestows

The Fivefold Path of Mahamudra: teaching and practice of the long and short sadhanas

Monday 2/5, kl. 15 CEST Empowerment

Every Monday 7/5 kl. 15 CEST Teachings and Practice

Zoom ID: 864 2161 5341 Password: 123456

Organized by Bodhicitta 4 ALL

Generosity in a Time of Need



Students of the Garchen Ratnashri Center in the Ukraine are in need of our assistance.

Maryna sent message this morning that a missile struck the town she is in and hit a military supply bunker which was exploding through out the night. They were hiding in the cellar and she was frightened.

Sangha in Lisichansk are having a hard time with food supply so they have been transferred funds and are helping each other. Families are being sent out of the town but they are staying to help feed the animals and take care of the stupa they built there.

Sangha in Lisichansk are having a hard time with food supply so they have been transferred funds and are helping each other. Families are being sent out of the town but they are staying to help feed the animals and take care of the stupa they built there. If you would like to help our dharma brothers and sisters, please donate to the PayPal account of their director Maryna Semenyuk: maryna.semenyuk@gmail.com.

Stay healthy, happy, and enjoy your Dharma practice. OM MANI PADME HUNG.

Ratnashri Meditation Center, Sweden Friggavägen 11 181 32 Lidingö Sweden

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